

# Molluscs



Leaflet #8



Molluscs



## Molluscs

Molluscs are shell fish that do not have legs.

These include:

- Bivalves, which have a hinged shell, e.g., Oysters and Mussels.
- Gastropods, such as Escargots and Cockles.
- Cephalopods, such as Squid and Octopus

## Ask your doctor

We do not give medical advice.

Please always speak to your medical practitioner for advice if you suspect an allergic reaction, or are worried that you, or a family member, may have an allergy.

## Other names to look for:

### **Bivalves:**

Mussels, Clams  
Oysters, Scallops  
Razorshell, Littleneck  
Cherrystone, Pismo

### **Gastropods:**

Snails (Escargots)  
Abalone, Cockle,  
Whelk, Limpet,  
Winkle, Conch

### **Cephalopods:**

Octopus, Calamari  
Squid, Cuttlefish