

Crustaceans



Leaflet #2



Crustaceans

Crustaceans

These are seafood such as crab, lobster, prawn, and scampi.

Crustaceans are the shellfish with legs, and usually claws.

Sometimes the shells of crustaceans are used to make fish sauce, so be careful to check for this.

'Crab sticks' are usually made from the fish Pollock, blended with starch from either wheat or potato, then coloured and flavoured.

However, it should be noted that the flavouring may be from crab, so it is important to check to know exactly what the ingredients are.

Ask your doctor

We do not give medical advice.

Please always speak to your medical practitioner for advice if you suspect an allergic reaction, or are worried that you, or a family member, may have an allergy.

Other names to look for:

- Crayfish
- Langoustine
- Crawfish
- Ecrevisse
- Crevette
- Tomalley
- Coral
- Dublin Bay Prawns